

BREAKING STEREOTYPES

INFOPACK

YOUTH EXCHANGE



ŘEKA
CZECH REPUBLIC

BACKGROUND

The "Breaking Stereotypes" project is an international project – Youth Exchange in the framework of the Erasmus+ programme. It will involve young participants from 2 countries to cooperate on tasks related to similarities and differences between our cultures, prejudices and stereotypes in our society. Various methods of non-formal education such as ice-breaking games, team-building games energizers, workshops, role-plays, presentations, discussions, debates, sport activities, dance activities, intercultural activities etc. will be used throughout the project. The partner countries will share their responsibilities in organising workshops, energizers etc. according to the plan given in the application. Each country will also organise a Day of national culture to present their country and their typical culture, songs, music or meals

PARTICIPANTS

20 participants + 4 team leaders (24 people altogether) from **the Czech Republic and Turkey**, each country will involve 10 participants aged 15-19 and two group leaders.

IMPORTANT !!!

EACH PARTICIPATING ORGANISATION MUST INVOLVE AT LEAST 6 PARTICIPANTS WITH FEWER OPPORTUNITIES

(Preferably - cultural differences, economical obstacles or geographical obstacles)

Here are the definitions of such participants according to the Erasmus+ programme guide:

- **disability** (i.e. participants with special needs): people with mental (intellectual, cognitive, learning), physical, sensory or other disabilities;
- **educational difficulties**: young people with learning difficulties; early school-leavers; lower qualified persons; young people with poor school performance;
- **economic obstacles**: people with a low standard of living, low income, dependence on social welfare system; young people in long-term unemployment or poverty; people who are homeless, people in debt or with financial problems;
- **cultural differences**: immigrants or refugees or descendants from immigrant or refugee families; people belonging to a national or ethnic minority; people with linguistic adaptation and cultural inclusion difficulties;
- **health problems**: people with chronic health problems, severe illnesses or psychiatric conditions;
- **social obstacles**: people facing discrimination because of gender, age, ethnicity, religion, sexual orientation, disability, etc.; people with limited social skills or anti-social or risky behaviours; people in a precarious situation; (ex-)offenders, (ex-)drug or alcohol abusers; young and/or single parents; orphans;
- **geographical obstacles**: people from remote or rural areas; people living in small islands or peripheral regions; people from urban problem zones; people from less serviced areas (limited public transport, poor facilities).

PLEASE, BE CAREFUL WHEN CHOOSING THE PARTICIPANTS !

AIMS

- to improve the level of basic competences of the participants
- to support intercultural dialogue between participants and between organisations coming from different cultural background
- to improve the quality of youth work in both organisations
- to meet partners from new countries and establish new friendships
- to exchange our experience from youth projects
- to share opinions, ideas, attitudes about prejudices and stereotypes in the partner countries
- to learn more about the partner country
- to develop tolerance towards other cultures and fight against intolerance and radicalisation in the society

ACTIVITIES

We will have: ice-breaking games, team building games, discussions and debates, role play activities, sport activities, excursions, interviews with local people, intercultural activities, evaluation activities, dissemination activities

The workshops and other activities are called:

How do we see our partners?
Prejudices and stereotypes
Traditions and games
Traditions and village life
Abigale
Up there in the sky
Religion and tolerance
Traditions and feast
Migration and tolerance
Traditions and dance
Traditions and modern times
Youth radicalization
Our future in common Europe

OUTPUTS

- presentations of project posters about how we see our partners
- photo-documentation and/or video-documentation from the workshops
- photo-documentation and/or video-documentation from the energizers, workshops and other activities prepared by the partners
- photo-documentation and/or video-documentation from the Days of national culture prepared by the partners
- photo-documentation and/or video-documentation from the Day of national cuisine
- photo-documentation and/or video-documentation from the dance performance
- results from the evaluation questionnaires from the excursions
- short films with interviews with local people
- a minibrichure of the project
- a photobook from the project
- final evaluation of the whole project and its contribution to the participants (individually, in teams, by team leaders etc.)
- web page, blog for dissemination of results of the project

MEETING DATES

The meeting dates of the „Breaking Stereotypes“ project will be

November 23rd – December 1st (9 project days)

Arrival day: Thursday, November 22nd

Departure day: Sunday, December 2nd

**BEFORE YOU BUY YOUR FLIGHT TICKETS, PLEASE WRITE US
AND WE WILL CONFIRM YOU CAN BUY THEM.**

PROJECT DATES

The official start of the project is **June 1st, 2018**. This is also the first possible date for buying your flight tickets. We have not signed the contract with the agency yet, so we are not able to deal with travel arrangements. The official end of the project is **February 28th, 2019** which means we will not have much time for completing all the project outputs, so both partners should to work hard and fast in the period after the project meeting to finish the project successfully!

PREPARATION

Both partners will organise in their organisation intensive meetings with the participants to prepare them for the project. The leaders will prepare the participants both in the Language area and cultural area (to prepare them for situations they can face during the project meeting).

Responsibilities of the partners for organizing and running workshops:

CZECH REPUBLIC

ERASMUS+
OUR FUTURE IN COMMON EUROPE
UP THERE IN THE SKY
TRADITIONS AND VILLAGE LIFE
ABIGALE

TURKEY

YOUTHPASS
YOUTH RADICALIZATION
MIGRATION AND TOLERANCE
SIMILARITIES AND DIFFERENCES
CREATION OF A MASCOT

THINGS TO BRING WITH YOU

Please, bring with you:

- any kind of information materials (leaflets, photos, stickers, posters, etc.) about your organization or group to share with other participants. Please, bring also some digital presentations of your organisation (cd, dvd, powerpoint presentation etc.)
- any example of the youth project you organised in your country
- presentations about prejudices and stereotypes in your country
- a poster about how you see your partners
- prepare some energizers you use at work with youth
- food and drinks, national flag and anything else for presentation of your country during the „Day of National Culture"
- medicine if you have any specific illness or medical condition; we will have a first aid kit but it doesn't have specialized medicine
- if you have any allergies or medical conditions that you think we should know about please inform us before hand to avoid any complications. We will keep it confidential!
- a lot of good mood and energy :-)

TRAVEL AND FINANCES

- The project is funded by the Erasmus+ programme.
- Travel costs will be reimbursed by hosting organization up to the maximum limit given by the Erasmus+ rules according to the distance calculator.
- Each participant has to provide for him/herself to pay the tourism-tax of 0,50€ per night, the tourism-tax should be paid directly at the spot to the provider of the place.

Travel costs will be reimbursed **according to the Erasmus+ programme rules** in the following maximum amount:

TURKEY	(500 - 1999 km)	275€ per participant
CZECH REP.	(10 - 99 km)	20€ per participant

Accommodation, meals, programme etc. will be covered by the organizers.

IMPORTANT: For the reimbursement you have to bring: flight tickets, invoices, boarding passes, bus/train tickets for national transportation in your country (from the town of your organization) and the Czech Republic. Taxi tickets are not

eligible expenses so they won't be reimbursed as well as any travel documents not related to the project itself.

Don't lose any travel documents and tickets otherwise we won't be able to reimburse you!

HEALTH INSURANCE

Please do not forget to arrange your travel insurance including the responsibility insurance (in case of causing some damage). Health insurance is not provided by the organizers, the citizens of the European Union are entitled to the European Health Card. All the participants are strongly advised to bring with them the European Health Card, not to be forced, in case of an emergency, to pay the costs of health care in the Czech Republic.

TARGET GROUP

- young people **aged 15-19** who are involved into work in their organisation, take part in their activities and are willing to develop their competences and gaining experience on international level
- young people who would like to fight against intolerance and radicalisation in their society and help to create tolerant environment
- young people with **good communication skills (English)**
- gender balance highly recommended

We would like to point out the fact that this is an INTERNATIONAL YOUTH PROJECT, not a holiday, sightseeing trip or a travel experience.

Therefore:

The participants will be required to fill in a participant's form and their team leaders will send the completed forms to the organizer. The participating teams have to be approved by the organizer who keeps the right not to accept participants who do not meet project requirements and aims.

VENUE

The project meeting will take place in **Řeka**, a small village under the Beskydy mountains about 20 kilometres from Havířov. The village of Řeka is situated in the eastern part of the Czech Republic near the borders to Poland and Slovakia.



Here are the distances from other bigger towns:

Ostrava (50 km), Brno (180 km), Praha (350 km) – all have airports
Katowice (100 km), Krakow (150 km) – both in Poland, with airports

The project place in Řeka belongs to the Youth Centre Juventus in Karviná and they helped us with arrangements also during our youth exchange in 2008 and an Erasmus+ project „Moving on“ in 2015. The place is used for various youth activities organised not only by the Youth Centre Juventus. We will have the whole building for ourselves! ☺

We suppose to organise some activities also in the building of the Town hall which is just few minutes from there.

ABOUT US

The „Breaking Stereotypes“ project is organised by a non-formal group of young people called **EUROTEAM**.

EUROTEAM was officially founded in 2007 during a youth project in Madrid in Spain and the members and volunteers who help us are mostly secondary school

students, university students and youth workers who work in the field of international projects of various kinds and organize events for other young people and public. Since 2006 Euroteam has taken part in almost 50 youth projects and training courses in Turkey, Poland, Spain, Luxembourg, Italy, Denmark, Norway, France, Greece, Bulgaria, Romania, Georgia, England, Armenia and Cyprus.



Euroteam also co-organized two Youth in Action projects - in June 2008 under the name Breaking Stereotypes 2008, and in 2010 „Tutti frutti – explore all the fruits of Europe“.

In 2015 Euroteam organized two Erasmus+ projects - „Moving on“ (contact making event) and „Young EntrepreneurS“ (youth exchange). A year later, in 2016, Euroteam organised a youth exchange „Future in our hands“.



The main goal of Euroteam is to allow young people develop their basic competences, meet their peers from different European countries, cooperate with them on various projects and activities, use foreign languages in a real life, combat racism and xenophobia, and encourage the feelings of the European citizenship, tolerance, friendship and international co-operation.

Besides youth projects Euroteam organized several trips abroad for its members - 13 sightseeing trips to England, 1 short trip to Ireland, 1 trip to Norway, a trip to Sweden, 2 trips to Italy, 5 sightseeing trips to the U.S.A. and Canada and 1 summer sightseeing trip to Japan.

Euroteam also helped to establish partner „Euroteam“ teams in Turkey, Italy and Latvia. Euroteam cooperates with many partner organizations, NGOs, non-formal teams and foundations all over Europe.

More information about EUROTEAM can be found on the following websites:

www.euroteam.webnode.cz
www.facebook.com/euroteamCZ
www.euroteamhavirov.blogspot.com

CONTACT

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	DAY 0 Nov.22	DAY 1 November 23	DAY 2 November 24	DAY 3 November 25	DAY 4 November 26	DAY 5 November 27
08.00 – 09.00	A R R I V A L S	breakfast	breakfast	breakfast		breakfast
09.00 – 10.30		Ice-breaking games	Energizers, reflexion	Energizers, reflexion	Energizers, reflexion	Excursion to Rožnov pod Radhoštěm
10.30.-11.00		Snack time	Snack time	Snack time	Snack time	
11.00 – 12.30		Ice-breaking games	Traditions and games	Similarities and differences Up there in the sky	Traditions and feasts	Traditions and handcraft
12.30 – 14.30		Lunch	Lunch	Lunch	Lunch	
14.30 – 16.00		Erasmus+	Learning about Řeka	Up there in the sky	Meeting at the town hall	Interviews with local people
16.00 – 16.30		Snack time	Snack time	Snack time	Day of national cuisine	Snack time
16.30 – 18.00		Youthpass	Traditions and village life	Religion and tolerance		Return to Řeka
18.00 – 19.00		Dinner	Dinner	Dinner		Dinner
19.00 – 21.30		How do we see our partners?	Day of National culture (CZE)	Day of National culture (TUR)	Presentation of the national cuisine	Evaluation of the excursion

	DAY 6 November 28	DAY 7 November 29	DAY 8 November 30	DAY 9 December 01	DAY 0 Dec.02
08.00 – 09.00	breakfast	breakfast	breakfast	breakfast	D E P A R T U R E S
09.00 – 10.00	Energizers, reflexion	Meeting youth	Energizers, reflexion	Energizers, reflexion	
10.00 – 10.30	Snack time		Snack time	Snack time	
10.30 – 12.30	Migration and tolerance		Youth radicalisation	Creating a mascot	
12.30 – 14.30	Lunch	Lunch	Lunch	Lunch	
14.30 – 16.00	Traditions and dance	Excursion to Havířov Traditions and modern time Interviews with local people	Youth radicalisation	Evaluation activities	
16.00 – 16.30	Snack time		Snack time	Snack time	
16.30 – 18.00	Traditions and dance		Our future in common Europe	Evaluation activities Preparing youthpasses	
18.00 – 19.00	Dinner	Dinner	Dinner	Dinner	
19.00 – 21.30	Preparation for performance	Evaluation of the excursion	Our future in common Europe	Youthpass ceremony Dance performance	

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