BREALING

STERECTYPES



Co-funded by the Erasmus+ Programme of the European Union



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YOUTH EXCHANGE

organised by Euroteam

9 days full of interesting project activities

WORKSHOPS discussions excursions interviews

CZECH REPUBLIC, 23 NOVEMBER - 1 DECEMBER, 2018

Advanced preparatory visit in Havířov

August 31 - September 1

In September 2018 we hosted a youth exchange called "Beat Unemployment" where youngsters from five countries - Czech Republic, Italy, Turkey, Spain and Denmark participated. The year of 2018 was very successful for us as our second project with this nice title "Breaking Stereotypes" was approved so we could come back to Řeka again after only two months. However, this project was different from the others we had ever hosted. In the past we organised multilateral projects with five or more partners, now it was our first bilateral project we hosted. Our partner came from Turkey, from a big city on Mediterranean cost, from Antalya. Our traditional partner since 2006 when we started our cooperation in the field of youth projects.



We started to prepare our project immediately after approval as the first activity was Advanced preparatory visit which was held at the end of August in Havířov. Two team leaders and two young participants discussed

all the preparatory work, rules, activities, the methods, outputs and results, safety of the participants etc. This APV is always very short, just 2 days, but we managed to discuss all of

it. On Thursday 30th August, TJ and Deniz came to Havířov and our first discussion took place at the yard of the Chateau in Havířov during dinner. The next day we continued with a visit to Karviná where we met other youth workers for discussion and where we did, after a good lunch, most of the preparatory work. All of us sat over the papers and went through the programme of the meeting and talked and talked about how to prepare everything for the youth exchange in November. Klára, Natálie and Deniz together with me and TJ discussed all the details of the project and had a nice afternoon. On the second day we continued in our discussions to be sure that everything will be well prepared for the autumn.

Welcome to Řeka!



Řeka is a small village with just few hundred of people and it is situated under the Beskydy mountains, just few kilometres from Havířov. We always prefer to have such projects away from Havířov, in a calmer place with nice surroundings, fresh air and good places for our activities. Our cooperation with the mayor and with the staff of the tourist base of the Youth centre Juventus helps us to organise

our projects in this nice village. Our partners from Turkey have also been here in our previous youth exchanges, so at least TJ, the head leader is really familiar with this place. And we were sure that all the participants would enjoy having the project here, in Řeka. The teams were complete and ready for the youth exchange, the time ran fast and our meeting was approaching. Ready, steady, go!

Ice-breaking games

Welcome to Řeka! The Czech team which consisted of five students of Business academy in Karviná and five girls from the 9th grade of Dělnická primary school met their new Turkish friends on Thursday 22nd November at night. The Turkish travelled from Antalya via Istanbul and Prague (where they spent a few hours) to Český Těšín and then to Řeka. Here are we are, all of us, ready to enjoy the time spent together!



Our first activities started the next morning with introduction of the project and several ice-breaking games to learn more about each other and get rid of possible fear and uncertainity. It went so fast!



We played games like Who are you? Draw my face, Fears an expectations and we had a good fun! The "portraits" of us sometimes looked really very funny but some of them were quite real! We introduced our "partner" to the others, learned each other's names in some circle games and after a while we got close to each other as if we had known one another for years. The start of the project was smooth and nice for all of us.

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Ice-breaking games

Continued from Page 2





There are hundreds or even thousands of various games that can be played as ice-breakers or team building games. We chose for example "Gordian knot" or "An old lady on the bus".



Though the weather was not really sunny, in the afternoon we went for a walk in the village, not only to get some fresh air but to do one of our activities, Traditions and village life. Most of us live in towns and a city and we do not know much about how life in villages is. Here we could see what kind of houses people build, what their gardens look like, what they grow there, we met several dogs that barked at us from behind fences and we could compare this lifestyle to the "city" one. Finally we had some warm tea in the local pub and our Turkish friends tasted one of our traditional soft drinks, Kofola. And at the end we could enjoy a bit of sun, too!

Similarities and differences

What do we have in common and where are the biggest differences between us? This was one of the topics for our workshops. Each group discussed similarities and differences between our cultures and prepared a project poster about it. And we found some unexpected things, for example - do you know the correct Turkish word for "ananas"? Well, it is ananas :-) Though our languages are so different, we found some common





words in both of them. Would you like some more čaj? Yes, this is another word used in both languages. We also tried to compare our everyday life to find out what we have in common and what is totally different. And we made our posters better and better and more and more colourful. We liked this work a lot. When everything was done, each group presented their poster to the other groups. It is not easy sometimes to stand in front of all the others and present our work, but we were brave. we managed, all the groups!

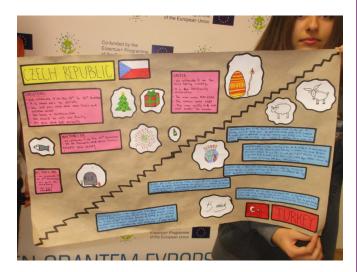




All the groups completed the tasks and presented their point of view, their project posters about what they had taught each other about traditional feast in their country. Here we are.

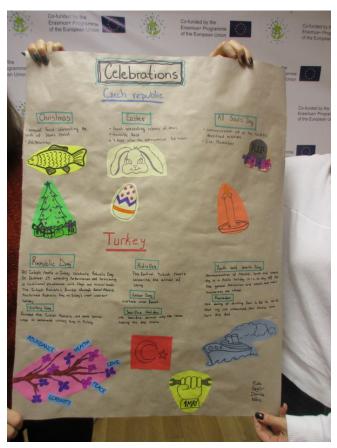


Traditions and feasts



What feasts do you celebrate. What is it like? What do you wear, do or eat during these days? The mixed groups started to discuss traditions in the Czech Republic and Turkey and focused on traditional feasts they usually celebrate. So the Czechs explained Easter or Christmas traditions to the Turkish and on the other hand learned about Ramadan or Independence Day from them.





Traditions and dance

During the Turkish cultural evening we could watch their performance of typical folk dances. When you see someone else dancing, it usually looks very easy but when your time comes to show, your opinion sometimes changes. Well, we did not find the steps so hard and we really managed to learn three Turkish dances. And we also taught our Turkish friends to dance "polka" though at the very beginning of our practising we had to explain them that this is not "just" jumping but a ball dance. Anyway, step by step, dance by dance they learned to dance polka and we learned their three dances (which are usually danced at weddings). And then we could start

preparing our performance. The first one was supposed to be done at the primary school in Karviná, the second one for local people here in Řeka and the third one just for us.



Our future in common Europe



Common and peaceful Europe, a dream of several generations of our ancestors. After the second World War this idea started to come true and people in Europe and the politicians worked on developing a common place for all the countries. Here in this workshop we focused on our ideas what Europe will be like or what should be like in twenty, thirty years and each group discussed their ideas and created projecs posters. This time we stayed at our venue and also the final presentation was held there. It was our last "discussing" workshop and we found out some interesting ideas and transferred them into our posters. It is true that we mostly live in present time and

do not think much about future, it is soooo far. However, we have our imaginations and ideas about the place where we will live our future lives and we know what we would like to have around us.



Day of national cuisine



potato cakes sponge cake garlic spread kofola

baklava lokum sigara böreği apple tea

and some more meals and drinks we prepared for our partners



Day of National cuisine - one of the most popular activities done during youth projects! We were happy as we could use the kitchen in the town hall to cut, chop, mix, fry, bake, cook and we totally enjoyed our time in the kitchen. As we could be there whole the afternoon to prepare our "food tables" for the evening presentation and tasting, we did not bring only some sweets from our homes, but we worked much harder. Though we were twenty-four and the kitchen was not too big, we managed to change by the stove so that everybody had their time there. And the results were so yummy! Potato cakes made and fried by the Czech girls, even a sponge cake (it was probably the first time we baked it at a youth project!) traditional "garlic spread, really "garlicy" :-) The Turkish team fried some sigara böreği (rolls with cheese inside) and the Czech could also taste sarma (which is wine leaves with rice), mücver, some sweets such as lokum or baklava and drink some apple tea. Bon appétit!

The Czech evening of national culture

The Czech team as the host was the first one to present themselves, their country and culture. For this evening we prepared a presentation of Euroteam to show our activities, our history and experience with European projects. The girls also prepared a short lesson of Czech vocabulary including few tongue twisters and a quiz about the Czech Republic. And of course, a national dance! We taught (or tried to teach) our partners to dance polka. We showed the dance and explained the dance steps and after first two or three songs the movements turned from funny jumping to dancing.





Dance! Teaching and practising folk dances definitely much more interesting than showing several presentations or short films about country. Here Maisha is the "dance teacher" and of course leaders were included! Our team, at least I hope so, proved that we are a nation with rhythm in our blood and our Turkish friends can now teach polka there in Antalya.

The Turkish evening of national culture



The Turkish team started their cultural evening with a presentation of Antalya, Turkey and their team. It was nice to see slides with photos from our common projects in Spain, Poland or England but also here in the Czech Republic. And then the main part followed - henna night. We were shown how wedding celebrations are held there in Turkey

and what traditions they keep when a girl is going to marry her fiancé. After their very nice performance we all continued with dancing, first we were shown three dances and then we learned the steps and danced together.



Interviews with public



S T E R E O T P E



Our project was not closed just for ourselves, some of the activities also involved other people. As we were dealing with the issue of stereotypes in our society, we turned to people in three different places and asked them what they knew about other cultures and tried to find out whether there were some stereotypes. We made several interviews in three different places - in Pustevny mountains where we asked some tourists, in Frenštát pod Radhoštěm and finally in Havířov. We realised that people were really different. While in Pustevny the people we turned to agreed to shoot a short interview, in Havířov it was more difficult. Older people did not want to participate, luckily when we asked some young people who were passing by, we were successful and they answered our questions. And what were the results of our interviews? Some people knew a lot about Turkish culture some thought they knew but were wrong and some admitted they did not know the correct answer sometimes.

Meeting youth

A half of the Czech team consisted of the pupils of the Dělnická primary school in Karviná, the town on the Czech-Polish border. One morning we set out for a short trip to their town and school to meet some other pupils and talk with them about our cultures, similarities and differences between the Czech and Turkish culture and about our traditions. Pupils from the 8th grade were chosen for this meeting and we had one lesson for our discussions. The Turkish team presented themselves, showed a nice presentation of Antalya and Turkey and then answered the pupils' questions. We also talked about our project and the Erasmus+ programme so that these young people could learn more about such opportunities. We had a nice time there and at the end of our visit we showed them our dance performance and taught them some dances, too.



Dance performance





Creating a mascot





Our last game - creating a mascot of the project! It is a funny team building game which we almost always play on the last days of our youth projects. The task is easy, make a part of a body of the mascot. Well, it would be too easy, right? So, each group works on one part body which is given to them on a piece of paper. BUT they cannot communicate with the other groups in any other way than by a postman who delivers short messages between the groups. You can use any kind of material you need but you do not know exactly what the other parts of the mascot's body look like. The whole result is a surprise then! We created all the parts of the body and here is our result! Oh, we forgot to give her a name! :-(Our last mascot was called Kitty as that was the name of a girl who was supposed to appear in the project as a guest but did not come, now one of our girls, Veronika, got ill and had to leave earlier, so....? How about Nikki? Sounds good?



Celebrating St.Nicholas' Day in Řeka



At the first weekend in December the municipality of Řeka organised a public event for children and their parents - traditional celebration of St.Nicholas' day. And as we were also invited by Mr.Tomeczek, mayor of Řeka, our Turkish friends could see on their own eyes how this feast is celebrated in villages and they could meet devil, angel and Nicholas. We are happy that the cooperation with the local people from Řeka is so good!

Youthpass ceremony

After the event in the town hall we went back to our venue for the last "official" point of our programme. During the whole week we put down to our materials what we learned the previous day and what progress we could see and then we wrote everything to our Youthpasses. On Saturday, 1st December our project came to its end and we all were given our certificates. The project was over but we will definitely keep all those days in our memories. We were a great team! See you in a few months in Antalya, at least some of us!





ŘEKA - CZECH REPUBLIC - 2018





PHOTOGALLERY







www.breaking-stereotypes.webnode.cz www.euroteam.webnode.cz www.facebook.com/euroteamCZ





















Mladí lidé se hrami učili bořit zažité stereotypy

Mezinárodní setkání českých a tureckých studentů očima koordinátora projektu Martina Frolíka

Na přebomu listopadu a prosince břínského roku se destika žáki kavinské obchodna akademie a základní školy Dělnické spolise vými team leadery zapojila dominodního mládežnického projektu Eramusnávem. Parekný Stereotypes", kterpořádal havířovský Euroteam ve spolypes", kterpořádal havířovský Euroteam ve spolypes", kterpořádal havířovský Euroteam ve spolypes se svým důuolobelým partherem z predchozích řým domásích" projektů jime zvoličí pro měrich konání turtickou základnu KSVČ. Jeventu v řece, kter-ši je pro podobné aktívhí dedním prostředím.

szelální příseletuní. Selbání příseletuní společní s Turky jame stáválí v Rec bájedných 9 dnú, zalhalí si spousth nev vénovalí se podohorostem a rozdílům kultur, tradicionostem a rozdílům kultur, tradicionostem a seriedných vyvazilí ne Pusterny, do fravíné a hereivopun, nyvazilí ne Pusterny, do fravíné a hereivopun, do vyazilí ne postovení selbání dohor do stavovení selbání dohor do stavovení selbání selbání selbání substavá selbání večery národní kultury de selbání večery národní kultury de selbání selbání selbání společný čas s partner y 2 Eurobeanu Turkey, Loučení na konce selkání provázely slzy, nikomu se nechtičí selbání provázely slzy, nikomu se nechtičí.



věřít tomu, že za několik málo hodin budeme zase od sebe vzdálení skoro dva tisice kilometřů. Komu by se však stýskalo po nových přátelich, když za nimi může vyrazit na červnový mládežnický projekt v Antalylí Také Turci totží telos uspěli se svou závátení oznaca a budou se kopoj ponje

is ja didident oloviny příštího roku hostit výměnu mlápiče, kde nebude český lým chybět A jak hodnotí setkání samothi účastníci si e rojektu? M. Františová ze ZS Delinické říští Doky projektu jeme sl hodné zlepšía inajká-

o té druhé zemi, jeji kultúre, tradicich a kazdodennim životé. Sama za sebe mohu irátže se mi velkez změní můj pohled na Tureko, samozřejné k lepismu. Jej spolužačke, M. Popioková dodavá. Měli jene ti skoto partu a taky skelý program. Nysjelim siż ze kazdy z nás si hodně žepsal angličímu, a nucila ne dod vo to teredou, jejich svét a nucila ne dod vo to teredou, jejich svét a nucila ne dod vo to teredou, jejich svét tohot projektu mohla zúčastnit. * Jejich adtohot projektu mohla zúčastnit. * Jejich addomá za pokratijí, svéto se podařilí uspěšíne saphiti. Svété atmoerfére projektu a zejemné poznávání kultur, se podařilí uspěšíne saphiti. Svété atmoerfére projektu a zijemné poznávání kultur, se podařilí uspěšíne saphiti. Svété atmoerfére projektu ou světením svétování světování světování světování světnit světování světování světování světování deliní v budoucu podobný projekt podpořený grantem Evropské komise zorganizovát u nucění tím daším imladým lidenim reziším a umcžnít tím daším imladým lidenim reziším

Frasmus-



DISSEMINATION, PROMOTION

Youth exchange organised by Euroteam Havířov (Czech Rep.)















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